Implicit Theories of Intelligence Scale for Children – Self Form

(For children age 10 and older)

Read each sentence below and then circle the one number that shows how much you agree with it. There are no right or wrong answers.

*1. You have a certain amount of intelligence, and you really can’t do much to change it.

1. Strongly agree
2. Agree
3. Mostly agree
4. Mostly disagree
5. Disagree
6. Strongly disagree

*2. Your intelligence is something about you that you can’t change very much.

1. Strongly agree
2. Agree
3. Mostly agree
4. Mostly disagree
5. Disagree
6. Strongly disagree

*3. You can learn new things, but you can’t really change your basic intelligence.

1. Strongly agree
2. Agree
3. Mostly agree
4. Mostly disagree
5. Disagree
6. Strongly disagree

© Carol Dweck
4. No matter who you are, you can change your intelligence a lot.


5. You can always greatly change how intelligent you are.


6. No matter how much intelligence you have, you can always change it quite a bit.